



**meditation.** Self-mastery. **coaching.**

# New Client Intake Packet



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## **INTUITIVE COACHING - NEW CLIENT WELCOME**

Welcome to The Practice Dojo. Now that you've realized that there is no one else coming to save you, this is your space to work out your own salvation. The Dojo is no place for whining or complaining. But, it is very much a place for lightheartedness and fun. Nothing here is taken too seriously, however, everything here is engaged in with the utmost sincerity. You are here because you would like to awaken to your true nature in the most natural way possible for you at this time. I am here because I would like to do the same. We have different routes to the same destination, and therefore different roles on the path we will walk together.

Well... let's begin. 😊

In my practice I am simply a guide, and my clients are those with whom I have intimate conversations about their direction in this life. Our purpose together is to have that direction become clearer for each of us, each step along the way and to have that greater clarity resonate into our lives beyond the Dojo and beyond this coaching experience. We have had our introductory conversation with each other and have determined that we are optimistic and enthusiastic about what we can accomplish together. Attitude is one of our most powerful tools in this work. And like any tool, it can be a weapon if wielded unskillfully. To that end, an attitude of 'relaxed effort' and an outlook of positivity is required. To evoke the best from one another in our coaching relationship, it is important that we are in agreement about how we will work together.

## **INTUITIVE COACHING, NEW CLIENT AGREEMENT**

Fundamental Shared Agreements:

- **COMMITMENT:** A 3-month commitment to bi-weekly sessions (total of 6 sessions) is recommended. Dedicating to 3 months helps to ensure that you are committed to making a concentrated, consistent effort and demonstrates your willingness to take the necessary time with and in your individual process.
- **PAYMENT:** Coaching Packages or Individual Sessions will be billed prior to the first session via PayPal and payment is secured prior to commencement of our coaching relationship. If another arrangement has been made, that will be communicated in writing prior to us entering The Practice Dojo together.
- **SESSION DURATION:** Each session may vary in length from 30 minutes minimum to 1 hour maximum and takes place in-person, by phone, Skype, text, Facebook



Messenger, Google Hangouts, UberConference, or any such communication platform that we choose ahead of time. (no homing pigeons or smoke signals)

- **DEDICATION & PRESENCE:** As the facilitator, I am resolved to being fully present in our intuitive coaching sessions; free from distractions and focused on our conversation. I respectfully request that you do the same. An intuitive coaching session in a public space with distractions and background noise is not the most efficient use of our time together.
- **PUNCTUALITY:** We agree that we will each show up at the mutually scheduled time for our coaching session, and if you must reschedule, you will do so with a minimum of 48 hours' notice. Understanding that emergencies do arise, these will be accommodated on a case-by-case basis.
- **SPONTANEITY:** Within our first 3 months of working with one another, you may invite spontaneous Dojo sessions by contacting me via text message, Facebook message, or voicemail. You can simply make a request to "enter the Dojo." If I am available, I will respond by sending an invoice for the session via PayPal. When the invoice is paid, I will contact you via your preferred method of conversation for the impromptu session, not to exceed the duration of any normal session. For any emergency, please call either 311 or 911 first and immediately.
- **COMMUNICATION of ABSENCE:** Should you present as a "no-show" for two appointments during our intuitive coaching relationship (without notification or rescheduling) we will evaluate whether coaching is still appropriate for you at that time.
- **PAUSING the CONVERSATION:** If you've purchased a package and find yourself unable to use your sessions for any reason, you may put the remaining sessions on a 3-month hold. Session credits will not be carried out further than 3-months. Coaching fees are non-refundable should you decide to abandon the process. The initial complimentary session is designed to adequately assess possibilities that we are or are not a good fit for each other.
- **INTERMITTENT COMMUNICATION:** I welcome communication between our Dojo sessions via email (thepractice@allp2p.org). It is my expectation that you will reach out if you find yourself in a quandary where you could use some feedback,



and that you will share the successes that you have on the way to creating & experiencing the life you desire. If you need a "non-emergency, emergency call" I can usually accommodate within the same week, and there is no charge for calls that are 5 minutes or less.

- **FULL PARTICIPATION:** Your input and questions along the way are welcome and necessary. Our relationship and work together is a collaboration and an evolving conversation. Therefore, the more you put into it the more you will get out of it. Ask questions, challenge my point of view, bring resources to the table that you've found, tell me where you feel I'm mistaken, and share with me your insights along the way. Remember: this is a conversation about **your** unfoldment, so there is no expert greater than you. You are your own best teacher... so be your best student!

I agree to contact my coach at the scheduled time via the communication means that we have agreed upon prior to each Dojo session. I understand that I am responsible for any long-distance, SMS, or other communications charges. I have read and agree to the working agreements above and will honour them for the duration of our intuitive coaching relationship.

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Client Name (print)

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Client Signature (or Legal Guardian and/or Parent)

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Date



## CLIENT INTAKE

I am excited to embark on this journey with you and look forward to getting to know you better over the coming months. It would be helpful to me if you would complete the following basic information, scan it, and email it back to me before our first session.

Name:	
Street Address:	
City/State:	Zip or Postal code:
Country:	
Email of Choice:	
Phone of Choice:	
Fax:	
Name of Employer and Position:	
Name of Spouse/ Significant Other:	
Name and Ages of Children:	
Name & number of Emergency contact:	
What is the most important thing that I should know about you right now:	



## STATEMENT OF INTENT

All intuitive coaching services delivered by Oni Ojukwu Mantenso, utilizing principles, techniques, and tools of her proprietary system, "The Practice," are meant to challenge, uplift, and support you psychologically, emotionally, & spiritually. However, intuitive coaching is not psychotherapy. If you feel psychologically and/or emotionally stressed so much so that it is interfering with your ability to function, please seek the help you need in the form of a professional psychologist, psychiatrist, or other medical professional. Intuitive coaching may enhance and bolster your therapy, but the work of intuitive coaching is meant to be done when major emotional and psychological wounds are already healing or have healed. In that spirit, please read the following carefully. Only sign below if you agree to each statement and wish to proceed (You're about to take the "red pill," turning back may not be possible):

- I understand that the intuitive coaching services I will be receiving from Oni Ojukwu Mantenso are not offered as a substitute for mental health care. I also understand that my facilitator, Oni Ojukwu Mantenso, is not acting as a psychotherapist, and does not purport to offer mental health care.
- I understand that my facilitator will maintain the confidentiality of our communications only to the extent defined by the laws of the states or provinces in the countries in which each of us resides.
- I understand and agree that I am fully responsible for my well-being during my intuitive coaching sessions and beyond, and subsequently, this includes my choices and decisions.
- I understand that all comments and ideas offered by my facilitator are solely for the purpose of aiding me in achieving my self-defined goals and aims. I have the ability to give my informed consent, and hereby give such consent to my facilitator to assist me in achieving such goals and aims.
- I hereby release, waive, acquit, and forever discharge Oni Ojukwu Mantenso, The Practice, All Power 2 the People, & Unstoppable Enterprises, LLC, their agents, successors, assigns, personal representatives, executors, heirs and employees (collectively "All Power 2 The People") from every claim, suit action, demand or right to compensation for damages I may claim to have or that I may have arising out of actions, omissions, or commissions taken by myself or by All Power 2 The People as a result of the advice given by All Power 2 The People or otherwise resulting from the intuitive coaching relationship outlined hereunder. I further declare and represent that no promise, inducement, or agreement not



herein expressed has been made to me to enter into this release. The release made pursuant to this paragraph shall bind my heirs, executors, personal representatives, successors, assigns, and agents.

I have read the statements above and I understand and agree with the statements contained therein:

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Client Name (print)

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Client Signature (or Legal Guardian and/or Parent)

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Date





### RELEASE OF RELEVANT TREATMENT INFORMATION

In context of my shamanic coaching relationship with Oni Ojukwu Mantenso of Unstoppable Enterprises, LLC, I authorize Mrs. Ojukwu Mantenso to contact other health care professionals that I am currently working with as it pertains to our coaching relationship.

I am currently in treatment/consulting with the following individuals (e.g., psychotherapist, nutritionist, homeopathic practitioner, psycho-pharmacologist, or any other medical professional):

Name/Type of Practitioner:	Contact Information:
I am currently on medication (name):	
In the past I have been on the following medications:	Types/Duration/Date of Disuse:

If I am working with a psychotherapist (which I have disclosed above), my practitioner knows that I am working with Oni Ojukwu Mantenso and that our work is not therapeutically based. I understand, and agree, that neither Oni Ojukwu Mantenso nor any service of Unstoppable Enterprises or The Practice purports to be or to provide anything other than professional coaching services.

Agree: \_\_\_\_\_(please initial)

Not Applicable: \_\_\_\_\_(please initial)

I understand, that in keeping with the best practices of coaching set forth by the International Coach Federation ([www.coachfederation.org](http://www.coachfederation.org)), Unstoppable Enterprises, LLC. will be keeping a confidential record of my name, phone number, and email address. This information will be used exclusively for the recordkeeping purposes.

I, \_\_\_\_\_ am, with complete consent, fully disclosing my personal health information and am not withholding information that is pertinent to my care.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

[theppractice@allp2p.org](mailto:theppractice@allp2p.org)

[www.allp2p.org/theppractice](http://www.allp2p.org/theppractice)



## CONFIDENTIALITY AGREEMENT

The conversations that occur within our shamanic coaching sessions are confidential and will be protected as such. Information will be shared outside of our sessions only with your written consent or in the event that a legal or court official makes a warranted demand. However, the following are instances where I would be obligated by law to break our confidentiality agreement without your permission:

- If it is assessed during your participation in coaching sessions that abuse or neglect of children or elders is occurring.
- If in my presence you threaten to kill or harm another individual, and I am convinced that you will act on this threat, or that you may lose control of your ability to act rationally without harm to another.
- If at any time during the course of our sessions, I determine that you are a danger to yourself, I will inform you of that opinion and make every effort to keep you from harming yourself in any way. In some cases this may include notifying the police, medical professionals, and/or family members.

To maintain the sanctity of The Practice Dojo experience & to provide the atmosphere necessary for our work together, strictest confidence must and will be observed.

Oni/Ojukwu/Mantenso  
Self-Empowerment Facilitator  
All Power 2 The People/Unstoppable Enterprises, LLC.